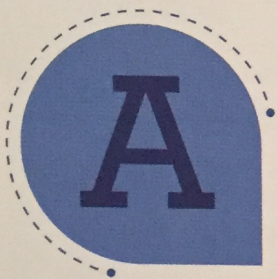


A-Z Guide TO PERIMETER NORTH

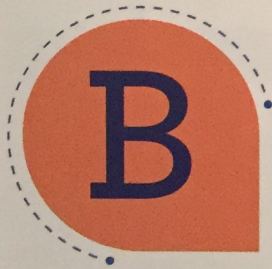
ARTICLE RUKSANA HUSSAIN AND SUE G. COLLINS



A is for Artists

A Playable Art Park? Yes, please! Spearheaded by volunteers, artists and local art advocates, the new park at Abernathy Greenway exploded to life this summer. The six sculptures, meant to be climbed upon, by seven artists are a gift to the City from The Sandy Springs Conservancy and Art Sandy Springs, made possible with a grant from Northside Hospital (see the photos in Good Times). There's art indoors and out, gracing our community with the support of private galleries and collaborations like the Abernathy Arts Center, Spruill Center for the Arts and Art Sandy Springs.

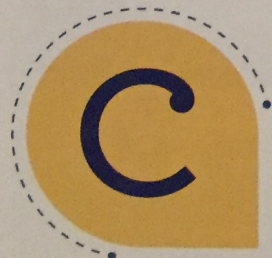
Conservancy and Art Sandy Springs, made possible with a grant from Northside Hospital (see the photos in Good Times). There's art indoors and out, gracing our community with the support of private galleries and collaborations like the Abernathy Arts Center, Spruill Center for the Arts and Art Sandy Springs.



B is for Boutiques

One of our favorite boutiques in Sandy Springs is **Kudzu & Company** for the home. Owners Kate and George Lawes find beautiful collectibles, garden furniture, art and lighting. The editor likes the mid-century collection! **KudzuAndCompany.com**

One reader nominated Nancy's **Shophe** in Dunwoody because Nancy will always have something that works and makes her look like the shopper that she's not. Our shopper chooses flowing contemporary pieces in grays and plums, some structured but more that stress comfort. **Nancys-Shoppe.com**



C is for Cakes

Who runs out of occasions for cake? **Nothing Bundt Cakes** is the most adorable place to purchase mouth-watering bundt cakes. Owned and run by local Tisha Rosamond, all the amazing cakes are made daily using fresh eggs, butter and real cream cheese. Available from bite-sized Bund-tinis, to single serving Bundtlets, to larger 8" and 10" cakes and even double-tiered cakes. **NothingBundtCakes.com**

bite-sized Bund-tinis, to single serving Bundtlets, to larger 8" and 10" cakes and even double-tiered cakes. **NothingBundtCakes.com**



D is for Dedication

The people who run our chambers of commerce are dedicated, smart and creative. They spearhead economic development and provide visitors and prospective businesses with information and incentives. We salute the **Dunwoody Chamber of Commerce** and **The Sandy Springs Perimeter Chamber**. The SSPC Gold Invitational is on for October 7. The Dunwoody group sponsors happy hours on Fridays, with first Monday networking events and special dates for young professionals in the area. **DunwoodyCommerce.org** and **SandySpringsPerimeterChamber.com**

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E is for Education

Getting into college or grad school has become a competitive and stressful part of most teenagers' lives. **Princeton Review** offers private tutoring that is customized, with classroom and small group instruction and also offers online programs that are live or self-paced. **PrincetonReview.com**





F is for Fancy Fixtures, Fittings and Floors

Apex Kitchen & Bath's new Kohler Next Generation Premier showroom is a designer's and homeowner's dream, featuring many designer product lines. Apex's experienced Kitchen & Bath Consultants will help you design and

manage your next project. **ApexSupply.com**

For wood flooring and complementing back splash tiles, with super competitive pricing, check out our friends at **Floor & Decor**. The company was founded here in Atlanta. The showroom is huge, so bring your measurements and ideas. **FloorAndDecor.com**



G is for Generations

It's not often you find a true family business. Charlie Sewell was born and raised in Sandy Springs and his family continue to help **Sewell Appliance** grow and serve the community. Their beautiful showroom will inspire and if you're lucky, the resident chef George Laudun will be cooking up something nice in their Living Kitchen. **SewellAppliance.com**



H is for Health

A little gem located in Sandy Springs is a wonderful, corrective skincare med-spa called **Skinucations**. Their staff with over 20 years of experience specializing in corrective skincare will help guide you through acquiring safe and rapid skin transformation. Treatments consist of

deep cleansing, exfoliating, steam with extractions if necessary, corrective serum and mask application and they have an array of cosmetic products design to meet any skin challenge. 404.438.3883

Located in the heart of Dunwoody, Dr. Campbell and her experienced chiropractic team at **Compass Family Chiropractic** uses the most advanced techniques and state of the art technology to analyze a patient's condition more accurately and communicate findings more effectively. **CompassFamilyChiropractic.com**

The big daddy of healthcare is **Northside**. We're blessed to have Northside Hospital so close to home. Cutting edge technology, top notch medical professionals and support services are nearby. **Northside.com**



I is for Icing

Some cookies at **Ali's Cookies** are iced and decorated, others are delicious in their naked splendor, all are certified Kosher. The George Washington's Revenge (with, you guessed it, dried cherries) are to die for. You can ship a dozen

to a friend while picking up a box for yourself. The staff is knowledgeable and adorable. On one visit, our publisher and editor split a cookie then ordered three more. Don't underestimate the power of these little gems. Perimeter Place, Dunwoody. **ShipACookie.com**



J is for Jewelry

Have you seen the **Joey B Collection** - custom jewelry handcrafted in Buckhead? Designer Joey Butler's collection is a combination of her passion for design and collected treasures conveying a sense of fun, sophistication, elegance and grace. The collection is comprised

of beautiful gem-stones, gold and silver. **JoeyBCollection.com**

Katy Romano lives here and designs beautiful earthy bracelets to benefit the Patrick Dempsey Cancer Center. She and her husband own Zucca, The Village Tavern, Corner Taqueria and Industry Tavern. **ArmCandy4PDCC.com**

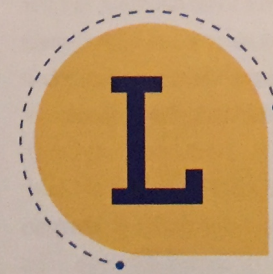


K is for Killer Pasta - yes we said it.

Our friends at **Mirko** in Sandy Springs seem to find the most delicious combinations that make dinner an experience. Their squid ink spaghetti made us bashful, then thankful. The waiters welcomed us like old friends and we're glad

they are open Sundays. **MIRKO.com**

For a quick carb lunch, try **Pasta Perfect** in Dunwoody where lunch specials are reasonably priced and fast to the table. Veggie Carbonara and the small Italian salad tally up under \$10. **PastaPerfectDunwoody.com**



L is for Lush Landscaping

NG Turf is a long-time, family owned and operated business with more than 20 years experience in turf and expertise providing turf grasses to homeowners, landscape professionals, golf courses and athletic fields. Currently 12 different varieties

are produced including TifBlair Centipede; Rebel Supreme Fescue, Tifway, Tifway II, TifSport, TifGrand and Patriot bermudagrasses; and Zeon, El Toro, Meyer, Marvel and JaMur zoysiagrasses. Who knew? **NGTurf.com**

For more than 15 years, **In Bloom Landscaping** been designing, installing and maintaining landscapes in metro Atlanta. As a family owned business, owners Jessica and Selby Neese proudly create custom gardens while nurturing longtime relationships through a commitment to quality, honesty and hard work. Nice people. **InBloomLanscaping.com**

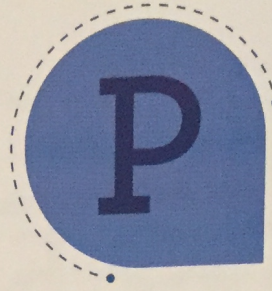


M is for Music

Make music yours. How cool would it be to record yourself singing or performing with your pals? **The Groove Studio** can make this happen. Eric Stallings has been around since 2006, offering a safe haven for budding musicians and recording artists. Join a band,

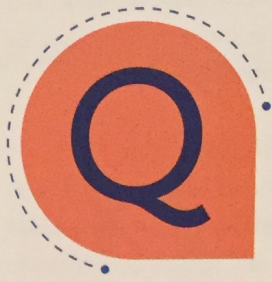
bring your own or learn to play. **GrooveStudioMusic.com**.

Rand Lines is a jazz pianist who is offering piano lessons and Skype lessons. He's seriously talented, patient and experienced. **RandLines.com**



P is for Protection

Agent Phil Minnes and his staff at American Family Insurance are passionate about helping people protect what's most important to them. We met Phil at one of our networking events and agreed he is not the typical insurance guy. As a very customer service based agency and also active members of the community, he and his colleagues want to learn each client's individual needs so they can best help you protect yourself, your lifestyle and your family. **PhilMinnesAgency.com**



Q is for Quality

Atlanta Teak is locally owned and operated by Larry Finglass. He finds unique pieces, working with his partner factory located just outside of Bangkok, Thailand. They only use premium grade teak wood from sustainable sources. **AtlantaTeak.com**

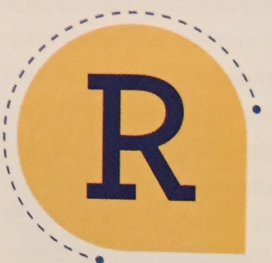
Our friends at **R.S. Andrews** provide true quality service, too. Any time your home needs some TLC when it comes to air conditioning, heating and plumbing, these dependable and timely experts provide great service and have a customer-first philosophy. They also guarantee the re-pair(s) will solve your problem or they will fix it for free and return 100 percent of your money. **RSAndrews.com**



N is for New You

While we are all about inner beauty, we admit looking good is important too. The professionals at **Blue Water Surgery Center** offer solutions for body, breast, face and skin improvement and enhancements. The menu of solutions can be daunting, but this team approaches each guest with respect

and offers a thorough list of options and helps with financing and insurance. Offices in Sandy Springs and Buckhead. **BlueWaterSurgery.com**



R is for Real Food

The **Dunwoody Green Market** is open through November, where producers sell what they grow or make. Heirloom varieties (fruits and veg), locally produced honey and cured meats are mostly Certified Naturally Grown or Organic. Open Wednesdays, 8 a.m. - noon at **Dunwoody Baptist Church, 1455 Mt Vernon Rd. DunwoodyGreenMarket.com**.

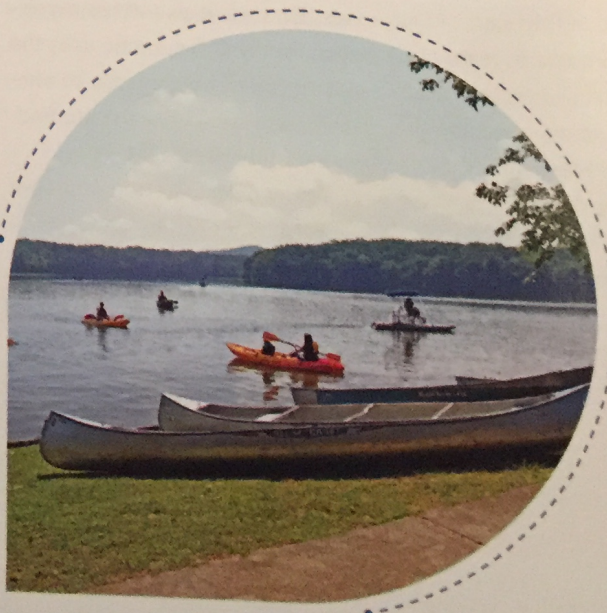


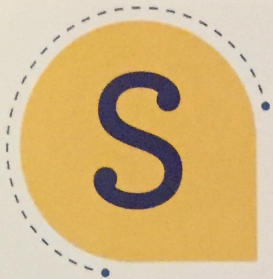
O is for the Outdoors

One of our favorite parks is **Morgan Falls Overlook** in Sandy Springs. The picnic pavilion and fire pits can be reserved for your bash, plus there are swings and a fishing pier and a place to launch your canoe or SUP board (editor's choice). **SandySpringsGA.org**.

We like the ideas for affordable destinations nearby offered by the Georgia State Park system. Waterfalls, lakes, mountains and camping in 48 state parks, plus 8 golf courses and 15 historical sites are not far. **GASStateParks.org**.

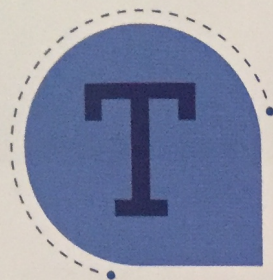
Catch a sunset up at **Big Canoe**, where 30 percent of the 8,000 acres are protected green space. There are three lakes for swimming, boating and fishing. And, plenty of hot real estate, of course. **BigCanoe.com**.





S is for Seniors

And happy ones at that if they choose **Belmont Village** - a wonderful Assisted Living community nestled between Sandy Springs and Buckhead. Whatever a resident's lifestyle - whether it's Independent Living, Assisted Living or Alzheimer's Care - Belmont Village has a wide range of innovative and healthful programs is provided to benefit body, mind, and spirit. Save us an apartment! **BelmontVillage.com**



T is for Trucks

Food Trucks, that is. Every Thursday, the folks at the Dunwoody Homeowners Association, Redbird Events and the City of Dunwoody promise to bring food trucks to Brook Run Park from 5 - 8 p.m. each week. Drive up, grab dinner at Incrediball Falafel, Might Meatballs or one of the other half-dozen (sometimes more) super cool kitchens on wheels. Musicians often entertaining the pop-up picnickers. **DunwoodyGA.org**



U is for Underwear

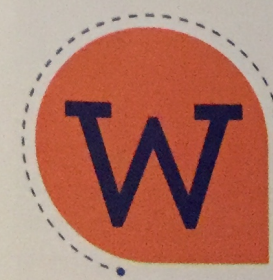
Ladies, don't sweat. No really, don't! Designed and developed by local entrepreneur, Kelly Burton, **Bodyology** is an amazing moisture management apparel line for women, designed to protect your clothing from sweat and keep you dry all day long. Their garments are high-quality under-shirts and bottoms for women which incorporate wicking technology. **BodyologyWear.com**



V is for Voracious Foodies

When we go out to eat and sip in Sandy Springs and Dunwoody, we have a few favorites but are always surprised at the number of new choices nearby. Drinks at **Cibo e Beve** are inventive, especially for a strip-mall location. **CiboAtlanta.com**

Marlow's Tavern makes a mean Blueberry Buck cocktail for the editor, who would order the Baby Kale Caesar and share it with you. Maybe. **MarlowsTavern.com**
Capital Grille in Dunwoody never disappoints. **TheCapitalGrille.com**.



W is for Windows

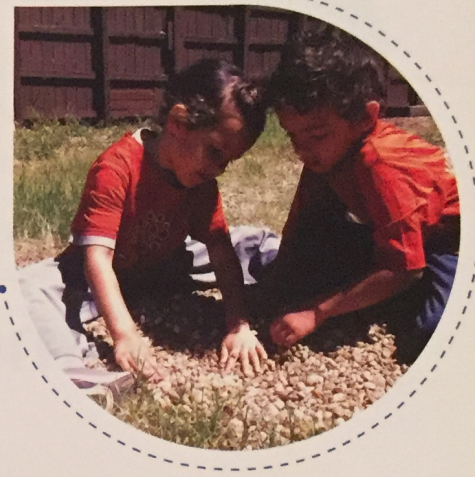
The **Window Gang** offers window cleaning, pressure washing, gutter cleaning, roof cleaning, house washing, oil remediation, dryer vent cleaning, house washing, chimney sweeping, deck restoration and blind cleaning. The chemicals they use are environmentally friendly. **WindowGang.com**



X is for eXtra Special

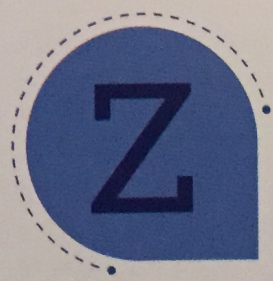
Have you noticed how generous and philanthropic people are in Sandy Springs and Dunwoody? When we set out to publish this magazine, we knew we wanted to highlight non-profits and the good work being done by our neighbors. Year after year we see money being raised for education, health research and families in need. The work by the Community Assistance Center in Sandy Springs benefits hundreds of families. The Dunwoody Woman's Club has served the community more than 40 years. Check out their annual home Tour Oct 1. **DunwoodyWomansClub.org**. Volunteers at the Dunwoody Nature Center work to preserve the pristine and his-toric acreage, serving more than 10,000 in the community. **DunwoodyNature.org**

And, of course, we applaud the ongoing work at **Pebbletossers**, helping kids learn about service and how one act of kindness creates a far-reaching ripple of aid. **Pebbletossers.com**



Y is for History

OK, we know it's a stretch, but we wanted to tip our hats to the fine people and organizations preserving, protect and inspire our community's history. **Heritage Sandy Springs** is a nonprofit organization that maintains the lovely Heritage Green and museum, plans enrichment and history re-enactments and even organizes our Farmers Market (at the corner of Sandy Springs Cir. and Johnson Ferry through November). Join their efforts and learn about your home turf. **HeritageSandySprings.org**



Z is for Zen

That's the state of mind our editor has every month when she holds the newest copy of *Perimeter North Lifestyle*. Our writers, photographers and contributors are special and talented members of our community who make each issue meaningful. We hope you keep this issue (and every issue) on your coffee table and let us know how we can feature YOUR favorite places and people. Thank you for making this magazine a success!